



TOROSLAR HALK EĞİTİMİ MERKEZİ

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"New Flavour of Your Life: Promoting Active Citizenship and Health Awareness through Gardening in Towns and Cities "

PROJECT MEETING REPORT

4th international meeting, April 10th-14th, 2015 in Mersin, Turkey
Host institution – Toroslar Public Education Centre

Participants

Partner institution 1 (host) – Toroslar Halk Eğitim Merkezi, Turkey

3 persons - Mr. Yusuf Gülgen, Mrs. Nilgün Çıtak, Mr. Murat Karakus

Partner institution 2 (coordinator)- Pakruojis Adult and Youth Education Centre, Lithuania

2 persons - Mrs. Rima Leimontienė, Mrs. Rima Juozapaviėienė

Partner institution 3 – Dodo ry., Finland

2 persons - Ms. Maria Nordlund, Ms. Minna Kontkanen

Partner institution 4– Messzelátó Association, Hungary

7 persons - Ms. Katalin Schnierer, Mr. Ferenc Kling, Mrs Kinga Fetykó, Ms. Annamária Sojnóczki, Mrs. Ildikó Asztalos, Mrs. Borbála Lipka, Ms. Orsolya Bálint

Partner institution 5 – Balvi Further Education Centre, Latvia

10 persons - Ms. Inese Paidere, Mrs. Egita Circene, Mrs. Maruta Castrova, Ms. Zinaida Logina, Ms. Paula Paidere, Ms. Dārta Tjunīte, Mrs. Marina Loēmele, Mrs. Dzidra Sçrmūkða, Mr. Kristofers Tjunītis, Mrs. Benita Urtane

Plan of Activities

Friday 10th April - ARRIVAL DAY

Hotel accommodation when you arrive

19.30 Welcome dinner at Atlıhan Hotel

Saturday 11th April - MEETING DAY 1

08.30 Breakfast at the hotel restaurant

09.30 Gathering at the hotel meeting room. **Session 1&2:** Monitoring and Evaluation Session: Coordinators'/learners' reports on the project activities carried out so far in their organizations

a) general overview of activities implemented by the partnership – all together (we will start summarizing the results achieved so far by following the items on application);

b) results and benefit of the activities „Healthy Food and Living” and other activities implemented in each institution

c) local project activities (including info of urban gardening activities/courses in 2015, dissemination, evaluation of project results, and preparation of common products – if relevant) implemented in October 2014-April 2015 in each institution

d) discussion about organizing local events and project evaluation activities in April – July 2015 in partner organizations.

12.30 Lunch at Osmaniye Course Centre/our garden

14.30 **Session 3:** Workshops "Planting Seedlings" and "Soap Making".

15.30 Trip to Yenisehir Aromatic and Medical Herbs park. **Session 4.** Exchange of experience of the host institution of involving locals into the projects activities and the best practice of maintaining the aromatic and medical herbs grown by learners.

16.30 A city tour by the seaside

19.30 Dinner at Irmak Restaurant

20.30 Sauna, Turkish bath, etc.

Sunday 12th April - MEETING DAY 2

08.30 Breakfast at the hotel

10:00 Trip to the highlands. Visiting a garden of one of the project learners. **Session 5** Workshop "Herbs for Heathy Living"

Note: Lunch at "Suntras (fish restaurant)"

Free time

19.00 Dinner

Monday 13th April - MEETING DAY 3

08.30 Breakfast at the hotel

09:30 Visiting Toroslar Public Education Centre.

Session 6 Discussion on the draft version of common product of the project – the booklet

11.30 Coffee Break

12.00 **Session 7:** Preparation for the meeting in Lithuania: discussion on draft programme of the meeting

13:00 Going for lunch at Wonassis Resort Hotel

14:00 Visiting Alata Plant Searching Centre

Free time

19.00 Farewell dinner

Tuesday 14th April - DEPARTURE DAY

08.30 Breakfast at the hotel. Check out.

PROJECT MEETING RESULTS

1. Monitoring and evaluating the partnership performance

The meeting started from the overview of the project activities in each institution in order to monitor and evaluate the partnership performance. Coordinators presented their reports on activities and dissemination as well as evaluation events carried out in their institutions in September 2014 - April 2015 emphasizing the benefit of the implemented activities for the learners and the institutions.

It has been noted and the partners have agreed that

- The institutions from Lithuania, Latvia, Finland Hungary and Turkey have successfully organized courses/activities on the topic "Celebrating the Harvest – Food Preservation Techniques and the Traditions of Harvest Feasts" and the outcome of the activities is raised learners' awareness on healthier food preparation and encouraging community members share their ideas, learn from each other.
- The institutions from Lithuania and Latvia have successfully adopted the ideas from partners: organized Restaurant Days (an idea suggested by Finland and Hungary), seed paper making activities (a workshop introduced by the organization from Hungary) and it resulted in more various and new activities and European added value in the aforementioned adult education institutions.
- The partners have started and are implementing activities on the topic "Healthy Food and Living": lectures and practical healthy lifestyle activities (Lithuania, Latvia, Finland, Hungary), conferences (Turkey) and the results should be discussed in the conference in June during the final meeting.
- The dissemination process in partner institutions includes publishing articles in local newspapers (Lithuania, Latvia) participating in national events and presenting the outcomes of the project activities (Lithuania), meetings with community coordinators and members (Hungary), blog articles (Hungary), friendly learners' visits (Turkey), maintaining and updating the project webpage (Lithuania) and is sufficient for introducing the results of the project in local and regional and international levels.
- The communication among the partners, monitoring of the project activities was successfully supported by the coordinating institution through the organisation of Skype conference in January, 2015, constant exchange of e-mails and documents through G-Drive.
- The evaluation of the project activities is being organized in various forms according to the needs and preferences of each institution: questionnaires, feedback sessions, video recordings (Lithuania), feedback sessions (Latvia), informal discussions (Finland), project participant local meetings (Hungary), questionnaires and friendly visits (Turkey).
- The further dissemination and evaluation process should be supported by planning the evaluation sessions, interviews with learners and staff members, local events by the end of July (responsible – coordinators from each institution) and completing a common questionnaire in June (responsible – a coordinator from Lithuania).

2. Discussion on the draft version of common product of the project – the booklet

The partners from Hungary presented and the partner institutions evaluated the draft of the common product booklet before the institution from Turkey starts the publishing arrangements.

There were the following agreements made:

- The draft version of the booklet needs to be amended by adding missing material and pictures (responsible – coordinators from Hungary and Finland).
- Some of the articles should be reviewed so that they are interesting for outsider. As the target group of the booklet is adult educators the articles should give information on how to organize one or another event.
- The longer versions of the articles should go on the website for the supplementary material of the booklet. The length of the text on each page of the booklet should not exceed 600 characters (with spaces).
- The partners should code the uploaded files on G –Drive, for example BL_TR_title_FIN.doc or WB_LT_title_COR.doc (BL= Booklet WB = Webpage; TR = country name, FIN = means this is a final document, length is OK, the grammar and spelling is checked; COR = this is the ending of the file when the article is already corrected and is READY to be put in the brochure.
- The pictures should be coded accordingly, for example, example: BL_TR_01.jpg

- BL= Booklet WB = Webpage to indicate whether this version is for the Booklet or for the website; TR= country name, number:= preference of the picture (if there are uploaded more pictures to show which is the most important to be used)
- The partners should upload (if additional/replaced or missing) the texts and pictures (FIN version) with coding by the 22nd April.
- The partner from Latvia should make the final corrections (editing) of the texts by the 29th April.
- The partner from Hungary should prepare the pdf booklet by the 15th May.
- The partner from Turkey is responsible for publishing the booklet (English version) by the 8th June.

3. Preparation for the meeting in Lithuania

The partners have discussed the draft programme of the final project meeting in Lithuania. It has been agreed that:

- The meeting will be organized on 8th - 12th June 2015.
- The work programme will include a conference for summarizing and evaluation of the outcomes and benefits of the project partnership activities. It will be organized as a panel discussion of representatives of institutions –organizations so each participant group coming to the meeting should include learners, coordinators and heads of partner institutions.
- Coordinators/heads of institutions from each partner institution are requested to prepare a brief speech on the ongoing and planned evaluation activities in their institutions.