





#### **Balvi Further Education Centre**

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# "New Flavour of Your Life: Promoting Active Citizenship and Health Awareness through Gardening in Towns and Cities"

#### PROJECT MEETING REPORT

Balvi, Latvia, June 15th-19th, 2014 Host institution – Balvi Further Education Centre

## **Participants**

# Partner institution 1 (host) - Balvi Further Education Centre, Latvia

7 persons -Ms. Maruta Castrova, Mrs. Lauma Kaļva, Ms. Sanita Logina, Mrs. Gunita Laicāne, Ms. Biruta Kindzule, Mrs. Edīte Kaufmane, Ms. Renata Gavenyte

## Partner institution 2 (coordinator)- Pakruojis Adult and Youth Education Centre, Lithuania

3 persons - Mrs. Rima Leimontienė, Ms. Rasa Augustinaitienė, Ms. Rasa Stravinskienė

## Partner institution 3 – Dodo ry., Finland

1 persons -Mrs. Maria Nordlund

## Partner institution 4- Toroslar Halk Eğitim Merkezi, Turkey

3 persons - Mr. Yusuf Gülgen, Mrs. Nilgün Çıtak, Ms. Sibel Yalçın

#### Partner institution 5 – Messzelátó Association, Hungary

7 persons - Ms. Tünde Udvarnoki, Ms. Andrea Musil, Ms. Nóra Barta, Ms. Gyöngyvér Szép, Ms. Zsófia Sárváry, Mr. László Németh, Mr. Miklós Mátéka

# **Plan of Activities**

# Sunday 15<sup>th</sup> June 2014

Time	Activity
14.00 - 00.00	Arrival day
	Check in at Balvi Hotel.
	Dinner.

#### Monday 16th June 2014

9.00 - 10.00	Breakfast at Balvi Further Education Centre
10.00-10.30	Session 1: Welcome from Balvi Further Education Centre
	<ul> <li>Introductions</li> </ul>
	<ul> <li>Presentation about the Latvia, Balvi and Balvi Further Education Centre</li> </ul>
	<ul> <li>Information about the plan of the day</li> </ul>
10.30-11.00	Walk over to Balvi
11.00-11.30	Meeting in Education, Culture and Sports department.
	Coffee break
12.00-14.00	Session 2: Monitoring/Evaluation: partner's presentations and reports on the project
	activities & urban gardening courses
	<ul> <li>Results of urban gardening courses in institutions</li> </ul>
	Problems encountered

	Special issues/special, dissemination events
14.00 -15.00	Lunch at Balvi Further Education Centre
15.00-19.00	Tour to the Latvian countryside in Tilža parish
	Lily garden
	<ul> <li>Open air private collection of antiquities</li> </ul>
19.30	Dinner

Tuesday 17<sup>th</sup> June 2014

9.00-10.00	Breakfast at Balvi Further Education Centre
10.00	Tour to the arboretum "Kalsnava"
	<ul> <li>Varieties of the plants growing in Latvia</li> </ul>
16.00	Lunch
19.00	Session 3: Workshop "Celebrating the Harvest-Food Preservation Techniques and the Traditions of Harvest Feasts"
	<ul> <li>Presentations on each country's harvest traditions</li> </ul>
	<ul> <li>Recipes for preserving food</li> </ul>
	<ul> <li>Brainstorming about the organization of the course</li> </ul>
20.00 -21.00	Dinner

# Wednesday 18<sup>th</sup> 2014

Breakfast at Balvi Further Education Centre
Session 4: Presentation/evaluation of the common products of the project
• Flyers (Latvia)
• Draft of the poster (Hungary)
<ul> <li>Project webpage</li> </ul>
Coffee break
Session 5: Preparation for the meeting in Hungary
Session 6: Evaluation of the meeting
Lunch at Balvi Further Education Centre
Tour to the urban gardens of Balvi
Visit to the local business company "Eco fabrika"
Visit to the local bee keeper
Free time in Balvi
Dinner & certificate ceremony

# Thursday 19st 2014

7.45	Breakfast at Balvi Further Education Centre
9.00	Departure of participants

#### PROJECT MEETING RESULTS

The meeting started from the overview of the project activities in each institution in order to monitor the partnership performance. Coordinators presented their reports on the activities and dissemination events carried out in their institutions in November 2013 – June 2014. The partners have agreed that

- the project activities, in this case gardening course/activities for adults have been carried out smoothly and fruitfully in institutions in the Lithuania, Latvia, Finland, Turkey and Hungary. The courses in institutions from Lithuania, Latvia, Turkey and Hungary resulted in smaller or larger urban gardens, the learners from Finland created their own balcony gardens.
- The pack of learning materials of gardening Course 1 each institution must insert in the project website till the 27<sup>th</sup> June.

 All involved institutions should comply given deadlines and send the necessary information in time.

#### 1. Further project developments

The partners discussed on the further project activities, possibilities to implement them in each institution. There were discussions on delivering the second course for target groups in the institutions. The partners agreed on the following:

- The partner organizations from Lithuania, Latvia, Hungary and Finland will organize the second course "Celebrating the Harvest Food Preservation Techniques and the Traditions of Harvest Feasts" in September 2014.
- The partner organization Turkey will organize the second course "Celebrating the Harvest Food Preservation Techniques and the Traditions of Harvest Feasts" in October 2014.

#### 2. Common products of the project

The partners discussed on and evaluated the common products of the project. They have agreed on the following:

- The products are being created according to the agreed schedule and trying to meet the needs and expectations expressed by the partners.
- The website updates should be done to make it friendlier for a user. We need to collect data and put useful links there to further exploit the webpage for presentation of the material created by partners and dissemination of the projects results (responsible institution from Lithuania);
- There is no information from all institutions for project Facebook page. Therefore it was
  decided that each country will participate in creation of page content and will insert the
  Facebook page link in the institutions webpage. Each country will share with this page by
  noting "like".
- Institution from Latvia distributed the printed flyers to each country. Latvia should send the flyers' pdf. version to Lithuania to place it on project website (by the 27<sup>th</sup> June, responsible-Balvi Education Centre)
- Each institution gave their comments about the draft version of the poster for Restaurant day. There was suggestion that project logos must be bigger. The deadline for other comments, suggestions and the final number of poster copies for each country is 27<sup>th</sup> June. Final version of posters for Restaurant Day should be ready by the end of September (responsible institution from Hungary).

#### 3. Organization and preparation for the meeting in Hungary

The partners have discussed the organization and preparation for the meeting in the Hungary and agreed on the following aspects:

- The meeting will be organized on 26<sup>th</sup>-30<sup>th</sup> September 2014.
- The work program will be mainly focused on the theoretical and practical activities "Healthy Food and Living". Each institution can give ideas about what kind of workshops they would like to do in Hungary meeting.
- Partner institutions are supposed to bring coordinators reports on the project activities carried out so far in their organizations most probably results and benefit of the second course "Celebrating the Harvest Food Preservation Techniques and the Traditions of Harvest Feasts" implemented in their institutions.
- During the meeting partner institutions will discuss about preparation of the common product of project booklet and the next meeting in Turkey also.