



PAKRUOJIS ADULT AND YOUTH EDUCATION CENTRE

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"New Flavour of Your Life: Promoting Active Citizenship and Health Awareness through Gardening in Towns and Cities"

PROJECT MEETING

5th international project meeting, 8th - 12th June, 2015 Host institution – Pakruojis Adult and Youth Education Centre, Lithuania

Plan of Activities

Day and Date Monday, 8th June	Time till 16.25 by 17.00 18.00	Activity Arrival of the participants to Vilnius Airport Arrival of participants to Panorama Hotel Welcome meeting with participants at the hotel Introduction of the meeting programme. Welcome dinner.
	19.30–21.00	Session 1 Visiting Antakalnis Community Urban Garden and meeting the representatives of the environmental association \check{Z} ali.LT for contacts and ideas for future projects
Tuesday, 9th June	8.00–9.00 9.15–12.15 12.30–13.30 15.00–20.30	Breakfast Excursion to Vilnius Old Town Lunch at Panorama Hotel and payments Session 2 Workshop "Be Creative and Healthy: Food from Wild Plants". Going to "Žolynų namai" place www.zolynunamai.lt —
Wadnaaday 10th	19.00 23.30	(making food outdoors from wild plants, in a camping style - amidst Lithuanian meadows and having dinner together). Going to Pakruojis (a stop at Trakai Castle for a sight seeing on the way) Arrival to Pakruojis
Wednesday, 10th June	8.00-9.00 9.00-10.00	Breakfast Session 3 - Visiting urban gardens of Pakruojis Education Centre and a garden established by a nursery- kindergarten
	10.00-12.30	Saulutė. Session 4- Conference for summarizing and evaluation of the outcomes and benefits of the project partnership activities (panel discussion of representatives of institutions – learners,
	12.30–13.30 13.30-16.00	coordinators, heads of partner organizations) Lunch at <i>Traktierius</i> Restaurant A guided tour in Pakruojis Manor Homestead and Lithuanian herb garden (Chemist's garden) + Perfumer's Show (making our
	16.30-19.00	own fragrance by using natural herbs and oils).

	19.00-20.00 21.30	Lithuanian Bread Baking and Herbal Tea Ceremony in Lygumai Dinner at Vasiliauskai farmstead Free time in Pakruojis
Thursday, 11th	8.00-9.00	Breakfast
June	9.00-10.00	Session 5 - Final activities of the project: preparation of the material for EST database and project webpage, local evaluation activities in institutions (discussion)
	10.00-10.15	Coffee break
	10.15-11.30	Session 6 - Preparations for the final report of the project (discussions on the procedures and distribution of tasks)
	11.30-12.30	Lunch at <i>Medenė</i> Cafe
	13.00-14.30	Visiting Kleboniškės ethnographical village
	15.30-16.30 17.00-19.00	Visiting the Hill of Crosses – a unique historical place in the world.
	19.00	Free time in Šiauliai, the nearest major town
	20.00-21.00	Departure for Pakruojis
	21.00	Farewell Dinner at <i>Gluosnis</i> Cafe
		Session 7 Feedback and evaluation of meeting activities Certificate Ceremony Lithuanian National Song and Folk Dance Evening
Friday, 12th June	5.20	Departure for Vilnius Airport