



Lifelong
Learning
Programme

**NEW FLAVOUR
of YOUR LIFE**
Promoting Active Citizenship
and Health Awareness through
Gardening in Towns and Cities



**“New Flavour of Your Life: Promoting Active Citizenship and Health Awareness
through Gardening in Towns and Cities “**

PROJECT MEETING

4th international project meeting, Friday 10th April - Tuesday 14th April 2015
Host institution – Toroslar Public Education Centre, Mersin, Turkey

Plan of Activities

Friday 10th April-ARRIVAL DAY

Hotel accommodation when you arrive
19.30 Welcome dinner at Atlihan Hotel

Saturday 11th April - MEETING DAY 1

08.30 Breakfast at the hotel restaurant

09.30 Gathering at the hotel meeting room. **Session 1&2:** Monitoring and Evaluation Session:
Coordinators'/learners' reports on the project activities carried out so far in their organizations

- a) general overview of activities implemented by the partnership – all together (we will start summarizing the results achieved so far by following the items on application);
- b) results and benefit of the activities „Healthy Food and Living” and other activities implemented in each institution
- c) local project activities (including info of urban gardening activities/courses in 2015, dissemination, evaluation of project results, and preparation of common products – if relevant) implemented in October 2014-April2015 in each institution
- d) discussion about organizing local events and project evaluation activities in April – July 2015 in partner organizations.

12.30 Lunch at Osmaniye Course Centre/our garden

14.30 **Session 3:** Workshops “Planting Seedlings” and “Soap Making”.

15.30 Trip to Yenişehir Aromatic and Medical Herbs park. **Session 4.** Exchange of experience of the host institution of involving locals into the projects activities and the best practice of maintaining the aromatic and medical herbs grown by learners.

16.30 A city tour by the seaside

19.30 Dinner at Irmak Restaurant

20.30 Sauna, Turkish bath, etc.

Sunday 12th April- MEETING DAY 2

08.30 Breakfast at the hotel

10:00 Trip to the highlands. Visiting a garden of one of the project learners. **Session 5** Workshop
“Herbs for Heathy Living”

Note: Lunch at “Suntras (fish restaurant)”

Free time

19.00 Dinner

Monday 13th April - MEETING DAY 3

08.30 Breakfast at the hotel

09:30 Visiting Toroslar Public Education Centre.

Session 6 Discussion on the draft version of common product of the project – the booklet

11.30 Coffee Break

12.00 **Session 7:** Preparation for the meeting in Lithuania: discussion on draft programme of the meeting)

13:00 Going for lunch at Wonassis Resort Hotel

14:00 Visiting Alata Plant Searching Centre

Free time

19.00 Farewell dinner

Tuesday 14th April - DEPARTURE DAY

08.30 Breakfast at the hotel. Check out.