





#### **Balvi Further Education Centre**

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# "New Flavour of Your Life: Promoting Active Citizenship and Health Awareness through Gardening in Towns and Cities "

#### **PROJECT MEETING**

June 15th-19th, 2014 Host institution – Balvi Further Education Centre, Balvi, Latvia

### Plan of Activities

# Sunday 15th June 2014

| Time          | Activity                 |
|---------------|--------------------------|
| 14.00 - 00.00 | Arrival day              |
|               | Check in at Balvi Hotel. |
|               | Dinner.                  |

#### Monday 16th June 2014

| 9.00 - 10.00 | Breakfast at Balvi Further Education Centre  |
|--------------|--|
| 10.00-10.30  | Session 1: Welcome from Balvi Further Education Centre                               |
|              | <ul> <li>Introductions</li> </ul>  |
|              | <ul> <li>Presentation about the Latvia, Balvi and Balvi Further Education</li> </ul> |
|              | Centre   |
|              | <ul> <li>Information about the plan of the day</li> </ul>                            |
| 10.30-11.00  | Walk over to Balvi   |
| 11.00-11.30  | Meeting in Education, culture and sports department.                                 |
|              | Coffee break   |
| 12.00-14.00  | Session 2: Monitoring: partner's presentations and reports on the project            |
|              | activities & urban gardening courses   |
|              | <ul> <li>Results of urban gardening courses in institutions</li> </ul>               |
|              | Problems encountered   |
|              | <ul> <li>Special issues/special, dissemination events</li> </ul>                     |
| 14.00 -15.00 | Lunch at Balvi Further Education Centre  |
| 15.00-19.00  | Tour to the Latvian countryside in Tilža parish                                      |
|              | Lily garden  |
|              | Open air private collection of antiquities   |
| 19.30        | Dinner   |
|              |  |

# Tuesday 17<sup>th</sup> June 2014

| 9.00-10.00 | Breakfast at Balvi Further Education Centre                    |
|------------|--|
| 10.00      | Tour to the arboretum "Kalsnava"                               |
|            | Varieties of the plants growing in Latvia                      |
| 16.00      | Lunch  |
| 19.00      | Session 3: Workshop "Celebrating the Harvest-Food Preservation |

|              | Techniques and the Traditions of Harvest Feasts"  • presentations on each country's harvest traditions  • recipes for preserving food  • brainstorming about the organization of the course |
|--------------|---|
| 20.00 -21.00 | Dinner  |

# Wednesday 18<sup>th</sup> 2014

| 9.00-10.00   | Breakfast at Balvi Further Education Centre                              |
|--------------|--|
| 10.00-11.00  | Session 4: Presentation/evaluation of the common products of the project |
|              | Flyers (Latvia)  |
|              | Draft of the poster (Hungary)  |
| 11.00- 11.30 | Coffee break   |
| 11.30-13.00  | Session 5: Preparation for the meeting in Hungary                        |
| 13.00-13.30  | Session 6: Evaluation of the meeting                                     |
| 13.30-14.30  | Lunch at Balvi Further Education Centre                                  |
| 14.30-16.00  | Tour to the urban gardens of Balvi                                       |
| 16.00-16.30  | Visit to the local businessman "Eco fabrika"                             |
| 16.30-17.30  | Visit to the local bee keeper  |
| 17.30 -20.00 | Free time in Balvi   |
| 20.00        | Dinner & certificate ceremony  |

# Thursday 19<sup>st</sup> 2014

| 7.45 | Breakfast at Balvi Further Education Centre |
|------|---|
| 9.00 | Departure of participants                   |